

# PE Vocabulary

	Gymnastics	Dance	Invasion Games	Ball Skills	Striking and Fielding	Net and Wall	Athletics	OAA	Yoga
EYFS	still straight through travel around shape roll star squeeze balance bend hold copy rock land over jump	action direction finish position high move quickly slowly space travel counts low shape start position	aim bounce catch direction dribble jump kick land lose partner pass path points rules run safely score space stop team throw win	ball bounce catch dribbling hit kick partner points ready roll run score target throw	run direction score points jump partner land aim rules lose safely stop win team space throw catch	Aim catch direction hit lose partner points rules run safely score space stop target throw win	balance bend jog rules hop direction fast jump land run throw safely safe slow space stop target	backwards direction forwards partner path rules safely score sideways space stop team	balance squeeze still stop bend copy fast hold safely shape slow space straight
Year 1	action control direction level speed	pathway timing balance copy pose beat fast	attacker defender dodge goal mark track	ready position control soft swing track underarm	overarm out ready position track underarm batter	net racket ready position track underarm	leap quickly underarm further overarm time walk	co-operate instructions share lead listen plan challenge	breath feel focus listen pose stretch

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					batting bowl bowler fielder fielding hit		control	talk	
Year 2	link pathway pike sequence straddle tuck	create dynamics expression matching mirroring perform speed unison	attack defend goalkeeper opponent possession receive send shoot tactic teammate	collect prepare receive release touch	collect teammate stump runs tactics backstop	against defend quickly receive return trap	aim far landing take off distance height sprint	communicate include map successful solve support	flexibility create choose perform flow strength
Year 3	body tension contrast extend flow landing position match patch point take off	canon explore extend feedback formation interact	accurate communicate control court intercept invasion opposition receiver pitch referee teamwork technique tournament umpire	accurate block opponent personal best possession power technique	accuracy caught out grip no ball run out short barrier strike technique tournament umpire wicket	competition control co-operation face opponent tactic backhand court forehand opposition react	speed technique baton power relay accuracy strength personal best event	compass discuss honest interrupt course route symbol tactics trust teamwork collaborate	base contact control link mindfulness extend hinge relax tilt
Year 4	rotation shoulder stand	action and reaction flow	accelerate cushion decision	cushion decision	momentum limit	receiver continuous	pace stride measure	key effectively leader	gratitude notice wellbeing

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	stability wrist grip bridge fluidly inverted momentum perform	order performance phrase relationship represent rhythm structure	delay deny gain limit momentum obstruct offside onside option pressure protect support tackle timing	momentum pressure react	pressure retrieve compete cushion decision	co-operative deny reflect swing alternate compete extend	transfer of weight heave launch official officiate record stamina	reflect orientate role navigate	lengthen stable
Year 5	observe quality performance stable symmetrical synchronisation transition asymmetrical canon cartwheel decide mirroring extension identify	choreograph choreography collaboratively genre motif posture quality transition	angle ball carrier carrier close down create dominant drive maintain rebound situation stance sporting behaviour sportsmanship		deep catch situation long barrier backing up stance close catch	situation adjust baseline readjust release technique communicate consecutive create cushion dominant groundstroke pressure serve situation	changeover track drive field force javelin approach momentum dominant	compromise concise critical thinking landmark negotiate strategy verbal visual cardinal points	concentrate connect exhale inhale maintain muscles posture quality transition
Year 6	execution flight formation handstand	aesthetic express freeze	abide appropriate assess		consecutive collaborate consistently assess	opposing recover limit stance	strategy rhythm pattern grip phase fling	contribute evaluate determine	collaborate extend expand

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	progression refine structure vault counter tension engage counter balance contrasting competent aesthetics	frame inspiration mood refine rehearse stimulus style	ball side consecutive consistently contest definite draw extend react transition turnover		abide appropriate	direct thrust appropriate abide footwork service doubles placement	stance release explosive meet discuss maximum	location inclusive adhere approach	fluidity salutation
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